

# High School Lunch Menu

# NEW PALTZ CENTRAL SCHOOL DISTRICT

# March 2019

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

## Monday

Offered daily: skim, 1%, strawberry skim (only MS, HS) and chocolate skim milk; all are antibiotic and BGH free

**We offer local fruits and vegetables.**

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products.

## Tuesday



Applications are now being accepted for part time and substitute positions in the food service department. If interested, please fill out a civil service application and return to the district office. A copy of this application can be found on the New Paltz school website on the employment page.  
<http://www.newpaltz.k12.ny.us/Page/8203>



Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal

This organization is an equal opportunity provider and employer.

## Thursday

## Friday

<p><b>4</b></p> <p>9-12 Chicken Tenders w/ Dipping Sauce Steamed Broccoli Pasta Salad</p> <p>Roast Beef, HS BBQ Chicken Panini</p>	<p><b>5</b></p> <p>9-12 Bread Sticks (V) w/Sauce Mozzarella Sticks Steamed Carrots</p> <p>Turkey Salad, HS BBQ Chicken Panini</p>	<p><b>6</b></p> <p>9-12 Grilled Cheese(V) Ham (P) Optional Tomato Soup French Fries</p> <p>Egg Salad, HS BBQ Chicken Panini</p>	<p><b>7</b></p> <p>9-12 Soft Turkey Taco w/Cheese, Lettuce, Tomato Green Beans Refried Beans Mexican Rice</p> <p>Salami+Cheese, HS BBQ Chicken Panini</p>	<p><b>1</b></p> <p>9-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Italian Combo Panini</p>
<p><b>11</b></p> <p>9-12 General Tso Chicken Asian Vegetables Asian Style Rice</p> <p>Ham+Cheese, HS Turkey Bacon Panini</p>	<p><b>12</b></p> <p>9-12 French Toast (V) Sausage (P) Home Fries</p> <p>Chicken Salad, HS Turkey Bacon Panini</p>	<p><b>13</b></p> <p>9-12 Bread Sticks (V) w/Sauce Mozzarella Sticks Steamed Carrots</p> <p>Egg Salad, HS Turkey Bacon Panini</p>	<p><b>14</b></p> <p>K-12 Jamaican Beef Patty French Fries Green Beans</p> <p>Bologna+Cheese, HS Turkey Bacon Panini</p>	<p><b>8</b></p> <p>9-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS BBQ Chicken Panini</p>
<p><b>18</b></p> <p>9-12 Chicken Nuggets w/ Dipping Sauce Garlic Green Beans Pasta Salad</p> <p>Roast Beef, HS Chicken Ranch Panini</p>	<p><b>19</b></p> <p>9-12 Top Your Own Burger Alt. Veggie Burger (V) Lettuce, Tomato, Cheese Carrot Sticks French Fries</p> <p>Turkey Salad, HS Chicken Ranch Panini</p>	<p><b>20</b></p> <p>9-12 Nachos w/Cheese(V) w/Chili Vegetable Medley Refried Beans Mexican Rice</p> <p>Egg Salad, HS Chicken Ranch Panini</p>	<p><b>21</b></p> <p>9-12 Chicken Parmesan Pasta w/ sauce Garden Salad</p> <p>Sliced Turkey, HS Chicken Ranch Panini</p>	<p><b>15</b></p> <p>9-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Turkey Bacon Panini</p>
<p><b>25</b></p> <p>9-12 Chicken Tenders w/ Dipping Sauce Steamed Broccoli Pasta Salad</p> <p>Ham+Cheese, HS Italian Combo Panini</p>	<p><b>26</b></p> <p>9-12 Rotini w/Sauce (V) Mozzarella Sticks Tossed Salad Italian Vegetables</p> <p>Chicken Salad, HS Italian Combo Panini</p>	<p><b>27</b></p> <p>9-12 Meatball Parm Hero Green Beans White Bean Salad</p> <p>Egg Salad, HS Italian Combo Panini</p>	<p><b>22</b></p> <p>9-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Chicken Ranch Panini</p>	<p><b>28</b></p> <p>9-12 Fried Chicken w/Gravy Steamed Carrots Mashed Potatoes Dinner Roll</p> <p>Salami+Cheese, HS Italian Combo Panini</p>
				<p><b>29</b></p> <p>9-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Italian Combo Panini</p>